

# My MEDISPA

*Renee Arriaga, Aesthetic Nurse Specialist*

Dr. Henry Mentz, MD, FACS, FICS –

## *My MediSpa*

is a partnership between our Plastic Surgeon, Dr. Mentz and our Aesthetic Trained Nurse Practitioner, Renee Arriaga, FNP. In an effort to provide more convenience to our patients, we provide cosmetic injectables in a comfortable spa atmosphere with plastic surgeon oversight and the most extensive training possible.

Dr. Mentz and Renee are certified and trained for BOTOX® Cosmetic, Dysport®, Restylane®, Perlane®, Juvederm™, and Radiesse® to provide the highest quality care and treatment. Treatments are administered in Renee's private office overlooking the Galleria with the help of her administrative assistant, Monica Alvarez.

One valued patient describes her My MediSpa experience:

"I love the atmosphere. It's private and I feel very at home. Renee's office makes it easier on me because it's fast. I'm in and out quickly; there's less red tape."

"My MediSpa has really improved patient care. I am able to adjust my hours to see patients at times that are convenient for them. They can come in and out of my office quickly, without having to work around patients in the main clinic. It's much more efficient for everyone,"

**Renee**

### **Her hours are as follows:**

Monday	8:30 a.m. - 10 a.m.
Tuesday	11 a.m. - 7 p.m.
Wednesday	8:30 a.m. - 10 a.m.
Thursday	9 a.m. - 5:30 p.m.
Friday	9 a.m. - 5:30 p.m.

### **SPA SERVICES OFFERED:**

- BOTOX® Cosmetic Certified
- Ultherapy® trained
- Juvederm™ Trained
- Restylane® Trained
- Radiesse® Trained
- Fraxel® Laser Trained
- Dysport® Trained
- Perlane® Trained
- Sculptra™ Trained
- PRP Facelift



## Renee Arriaga, RN, MSN, FNP, APRN-BC

### MISSION STATEMENT:

To serve others with love and respect, while encouraging them to reach their full potential.

### EDUCATION BACKGROUND:

- 2004 Houston Baptist University, Master's Degree in Nursing
- 2004 Houston Baptist Family Nurse Practitioner program
- 1998 University of Phoenix, Bachelor's Degree in Nursing
- 1989 Tyler Junior College, Associate Degree in Nursing

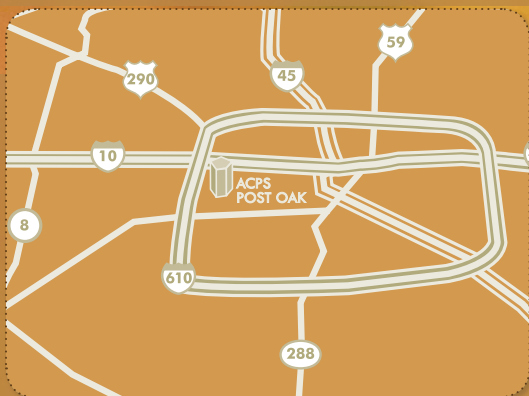
### SPECIALIZED TRAINING AND CERTIFICATIONS:

- Basic Life Support/Advanced Cardiac Life Support
- Registered Nurse
- Registered Family Nurse Practitioner
- Certified by American Nurses Credentialing Center
- Sclerotherapy Injection Trained



Dr. Mentz and Renee established the Mentz Foundation in 2009 as a 501c3 non-profit organization with the mission to provide medical supplies, food, and other essential items to underserved communities throughout the world. A portion of every patient's cosmetic injectable service fee with Renee Arriaga goes to support local and international organizations such as Clinica Esperanza, a clinic that meets the medical and dental needs of the underserved in Roatan, Honduras.

In addition to Roatan, Renee and the ACPS staff support local charitable organizations on behalf of the Mentz Foundation. They volunteer monthly as a way to build team unity and serve the local community. Renee Arriaga is instrumental in this cause through her direction and support of several medical missions.



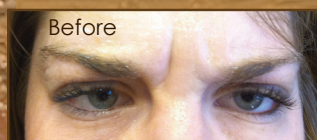
We are located on the 22nd floor of the Amegy Bank building at 4400 Post Oak Parkway, Suite 2260. Visitor parking is available in a public garage at 4300 San Felipe St. Park on the ground level and take the elevator or stairs to the third floor where you will find a crosswalk to the Amegy Bank building. Take the center elevators to the 22nd floor and check in with Maggie at the front desk.

[www.myhoustonfacelift.com](http://www.myhoustonfacelift.com) • [www.drmentz.com](http://www.drmentz.com)



Dysport™  
abobotulinumtoxinA

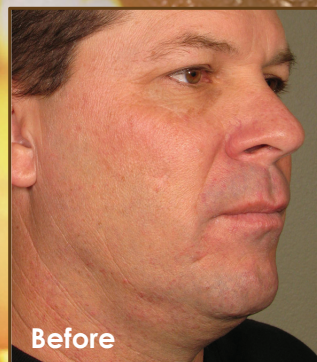
BOTOX®  
—Cosmetic



Before



After



Before



After

ulthera®

## FALL PROMOTION

For the months of October and November, receive **25% OFF** your injectable treatment when you bring a friend\* call Monica at **713-354-5167** to schedule your appointment for two.

\*Referral may not be an existing patient of Renee's

